

Menus

7/8

School: Trinity Lutheran - Red Bud

Meal: Lunch

Month: October 2026

Academic Year: 2026-27

October				
M	Tu	W	Th	F
28 Chicken Noodle Soup Bread Stick Cooked Carrots Pears	29 Chicken Strips Corn Pineapple	30 Pancakes Sausage Applesauce	1 Hamburger/Cheeseburger Mac and Cheese Peaches	2 Hot Dog Chips Pudding cup
5 Spaghetti Bread Stick Green Beans Peaches	6 Tacos Corn Pineapple	7 Scrambled Eggs Sausage Applesauce	8 Salisbury Steak Mashed Potatoes Green beans Peaches	9 No School
12 NO School.	13 Chicken Patty Sandwich Corn Pineapple	14 Biscuit w/ gravy or jelly Sausage Applesauce	15 Country Fried Steak Mashed Potatoes Green beans Peaches	16 Cheese or Pepperoni Pizza Side Salad Brownie
19 Toasted Cheese Ravioli Cooked Carrots Pears	20 Nachos Corn Pineapple	21 Egg, Ham, Cheese Sliders Tater Tots Yogurt	22 Beef Stroganoff Green Beans Peaches	23 No School
26 Cheesy Alfredo Peas Pears	27 Chicken Strips Corn Pineapple	28 French Toast Sticks Sausage Applesauce	29 Hamburger/Cheeseburger Mac and Cheese Peaches	30 Grilled Cheese Tomato Soup Pickles Snack Cake